

WHS Gymnastics
2021 Season
Coach: Heather McCabe
Asst Coach: Rudy Tabares
heather.mccabe@henry.k12.ga.us
(678) 949-7517

Requirements:

- County Athletic Fee: \$40 (once per school year)
- Participation Fee: \$170
 - Required Warm-Ups: Approximately \$65 (ordered individually)
 - Link will be provided by January 15, 2021
 - Required Team Bag: Approximately \$35 (ordered individually)
 - Link will be provided by January 15, 2021
 - Required Competition Leotard: Approximately \$70
 - Ordered by McCabe
 - Measurements made at first practice
- Updated physical if your physical expires during the competition season
 - Must not expire before May 2021
- Must be able to provide transportation to/from practices/meets
- Form (B) for other parents to drive your student

Practices:

- Beginning January 26, 2021
 - Tuesdays from 5:30-7:00pm @ gym of Academy of Advanced Studies (AAS)
 - Former Henry County High School
 - Thursdays from 5:30-7:00pm @ gym of Academy of Advanced Studies (AAS)
 - Former Henry County High School

Gymnastics Meets:

- Friday, March 5, 2021 (time TBD) @ AAS Gym
- Wednesday, March 31, 2021 (time TBD) @ AAS Gym
 - County Championship Meet
 - All Henry County Schools Gymnastics Teams

Meet Entry Fee(s): \$5 per person aged 5 years and older

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Required Uniform Pieces:

- Team Warm-Ups and Team Bag
 - Online store opened Friday, January 15 at 12:00am
 - Online store will close Monday, January 25 at 11:59pm
 - Must order the required pieces
 - ¼ Zip Top with Name
 - Leggings
 - Backpack with Name
 - Optional items for team and parents/guardians
 - Hoodie
 - Short-Sleeve Shirt
 - Long-Sleeve Shirt

Behavior and Academic Expectations:

- Maintain required GPA
- Refrain from receiving referrals for tardies or others
- Refrain from receiving ISS/OSS
- I should not receive negative communication from teachers regarding your behavior in any parts of school (social or academic)
- Maintain a clean social media presence
 - You will not tie the good name of the team to any poor behavior choices
- Maintain an open line of communication with Ms. McCabe at all times during the season regarding school and the such
 - I cannot help you if you do not let me know there is a problem!
- Please make sure to join the team GroupMe:
https://groupme.com/join_group/64582550/DcUyMbF2