



**NATIONAL PARENT
ENGAGEMENT MONTH
SELF-CARE FOR PARENTS
VIRTUAL WORKSHOP
“WE NEED YOU!”**

**Information is Power, the more you
Recognize, the Better you are equipped to
take Action to Reduce those stressful
patterns and Improve your Quality of Life**

Ms. Janice Sams, HMS-Title I P.I.P

Dr. M. Teemer, School Counselor

Ms. M. Crawford, School Counselor

Ms. J. Drayton, School Counselor Intern

**THURSDAY, NOVEMBER 19, 2020
1:00p – 2:00p**

COME JOIN US!

A link to join this empowering event will be sent to your Infinite Campus email

Ms. Janice Sams, HMS-Title I Parent Involvement Professional

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Mr. Purvis Jackson, Principal