Welcome Back for FOOD, FUN, & FITNESS!

Thursday, August 1
- Mini Pancake Wraps
  - Applesauce
  - Apple Cherry Juice
- 1# Cheeseburger
- 2# Deli or PB&J Sandwich*
  - Sweet Potato Fries
  - Steamed Broccoli
  - Sliced Peaches

Friday, August 2
- Chicken Biscuit
- Pineapple Tidbits
- Orange Juice
- 1# Pizza
- 2# Deli or PB&J Sandwich*
  - Garden Salad
  - Whole Kernel Corn
  - Orange Wedges

Tuesday, August 6
- Breakfast Pizza
- Muffin w/Yogurt
- Sliced Peaches
- Apple Juice
- 1# Spaghetti w/Garlic Toast
- 2# Chicken Sandwich
- 3# Deli or PB&J Sandwich*
- 4# Garden Salad w/Turkey
  - Steamed Broccoli
  - Glazed Carrots
  - Banana

Wednesday, August 7
- Mini Maple Pancakes w/Syrup
- Breakfast Bun
- Applesauce
- Orange Juice
- 1# Fiesta Chicken w/ Savory Rice
- 2# Crispito w/Salsa
- 3# Deli or PB&J Sandwich*
- 4# Garden Salad w/Tuna
  - Green Beans
  - Sweet Potato Fries
  - Sliced Peaches

Available Daily
- Breakfast:
  - Cereal & Toast
  - 100% Fruit Juice
  - Variety of Low-Fat & Non-Fat Milk
- Lunch:
  - Salad Trays & Sandwiches*
  - Variety of Low-Fat & Non-Fat Milk
- *Pork products are listed in pink
- *PB&J Sandwiches not served at all schools, Wowbutter (peanut free) sandwiches at some schools
- *Salads Trays are available Tuesday - Friday, most weeks

Friday, August 9
- Chicken Biscuit
- Apple Slices
- Orange Juice
- 1# Pizza
- 2# Hot Dog
- 3# Deli or PB&J Sandwich*
- 4# Garden Salad w/Chicken Strips
  - Garden Salad
  - Whole Kernel Corn
  - Orange Wedges

The Simple Way to Pay FOR STUDENT MEALS
- Check balances
- View purchases
- Pay with a credit card

Visit Our Webpage for More Details & Information on How to Apply for Free & Reduced-Priced School Meals
schoolwires.henry.k12.ga.us/Page/214

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

WELLNESS IS A WAY OF LIFE!

Myschoolbucks.com

K-5 Prices

Breakfast: $1.15
Lunch: $2.40

Menu for August 2019

Henry County Elementary Schools

This institution is an equal opportunity provider. Menus are subject to change.
Monday, August 12
- Chicken & Waffle Mini Bagels w/Cream Cheese Sliced Pears Orange Juice
- 1# Chicken Nuggets w/Roll 2# Deli or PB&J Sandwich* Mashed Potatoes Pinto Beans Pineapple Tidbits

Tuesday, August 13
- Breakfast Pizza Muffin w/Yogurt Sliced Peaches Apple Juice
- 1# Beefy Nachos 2# MaxSnax Tacos w/Salsa 3# Deli or PB&J Sandwich* 4# Garden Salad w/Turkey Black Beans Lettuce & Tomatoes Fresh Pear

Wednesday, August 14
- Pancakes & Sausage Breakfast Bun Applesauce Orange Juice
- 1# Cheeseburger 2# Mini Corn Dogs 3# Deli or PB&J Sandwich* 4# Garden Salad w/Tuna Scalloped Potatoes Baked Beans Banana

Thursday, August 15
- Mini Pancake Wraps Muffin w/Yogurt Apple Cherry Juice
- 1# Chicken Noodle Soup w/Toasted Cheese Sandwich 2# Corn Dog 3# Deli or PB&J Sandwich* 4# Garden Salad w/Chicken Taco potato Tots Carrot Sticks w/Ranch Frozen Juice Cup

Friday, August 16
- Chicken Biscuit Pineapple Tidbits Orange Juice 1# Pizza 2# Chicken Sandwich 3# Deli or PB&J Sandwich* 4# Garden Salad w/Chicken Strips Garden Salad Whole Kernel Corn Orange Wedges

LOCAL HARVEST OF THE MONTH

FRUIT
Peaches
Juicy summer peaches are sweet enough to eat for dessert, but they're low in calories and fat. Plus peaches are high in vitamin C, fiber, vitamin A, niacin, potassium, and "phytochemicals," which promote healthy skin.

OF THE MONTH

Monday, August 19
- French Toast Sticks w/Sausage Breakfast Frudel Sliced Pears Apple Juice 1# Popcorn Chicken w/Roll 2# Mini Slider Pups on Bun 3# Deli or PB&J Sandwich* Scalloped Potatoes Baked Beans Banana

Tuesday, August 20
- Strawberry Smoothies w/WG Crackers Muffin w/Yogurt Sliced Peaches Apple Juice 1# Meatloaf w/Roll 2# Ravioli w/Roll 3# Deli or PB&J Sandwich* 4# Garden Salad w/Turkey Green Peas Mashed Potatoes Sliced Pears

Wednesday, August 21
- Mini Maple Pancakes w/Syrup Breakfast Bun Applesauce Orange Juice 1# Fiestada Pizza 2# Manager’s Choice 3# Deli or PB&J Sandwich* 4# Garden Salad w/Tuna Sweet Potato Fries Steamed Broccoli Sliced Peaches

Thursday, August 22
- Breakfast Pizza Muffin w/Yogurt Fruit Cocktail Apple Cherry Juice 1# Chicken & Waffles 2# Crispito w/Salsa 3# Deli or PB&J Sandwich* 4# Garden Salad w/Chicken Taco Potato Tots Carrot Sticks w/Ranch Dressing Frozen Juice Cup

Friday, August 23
- Chicken Biscuit Apple Slices Orange Juice 1# Pizza 2# Hot Dog 3# Deli or PB&J Sandwich* 4# Garden Salad w/Chicken Strips Garden Salad Whole Kernel Corn Orange Wedges

Monday, August 26
- Sausage Biscuit Frosted Breakfast Pastry Sliced Pears Orange Juice 1# Chicken Nuggets w/Roll 2# Deli or PB&J Sandwich* Mashed Potatoes Pinto Beans Pineapple Tidbits

Tuesday, August 27
- Mini Pancake Wraps Muffin w/Yogurt Sliced Peaches Apple Juice 1# Teriyaki Chicken & Rice 2# Crispito w/Salsa 3# Deli or PB&J Sandwich* 4# Garden Salad w/Turkey Glazed Carrots Steamed Broccoli Sliced Pears

Wednesday, August 28
- Pancakes & Sausage Breakfast Bun Applesauce Orange Juice 1# Mini Corn Dogs 2# Cheeseburger 3# Deli or PB&J Sandwich* 4# Garden Salad w/Tuna Seasoned Fries Green Beans GA Grown Fresh Peach

Thursday, August 29
- Blueberry Breakfast Stick Muffin w/Yogurt Orange Wedges Apple Cherry Juice 1# Chili 2# Deli or PB&J Sandwich* 3# Garden Salad w/Chicken Taco Baked Potato Carrot Sticks w/Ranch Applesauce Cinnamon Roll

Friday, August 30
- Chicken Biscuit Pineapple Tidbits Orange Juice 1# Pizza 2# Chicken Sandwich 3# Deli or PB&J Sandwich* 4# Garden Salad w/Chicken Strips Garden Salad Whole Kernel Corn Peach Cup

BIRTHDAY CELEBRATION RICE KRISPIE TREAT

Go to mySchoolBucks.com

Parents can....
Deposit funds in their student’s account any time!
View cafeteria purchases!
Schedule recurring payments!
Track meal account balances!
Set up low-balance e-mail reminders!

Henry County School Nutrition Elementary Menu Page 2