Breakfast:
- Cereal, Grab ‘N Go, Muffin & Yogurt,
- Fresh Apples & Oranges,
- 100% Fruit Juice: Apple & Orange,
- Choice of Milk

Lunch:
- Garden Salad with Chicken Strips* 
- Deli & Peanut Butter or WowButter & Jelly Sandwiches,* 
- Grilled Chicken Wrap Tray,* 
- Chicken Sandwich, Pizza, Garden Salad, 
- Fresh Apples & Oranges, 
- Choice of Milk

*Salads & Wrap Trays are available Tuesday - Friday; PB&J sandwiches not served at all schools. Pork products listed in pink.

Henry County Secondary Schools

The original value meal & still a fantastic deal!

Breakfast $1.15  Lunch $2.50

Get in touch with us today to learn more about free and reduced-price meals in our district:
schoolwires.henry.k12.ga.us/Page/110494

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. 
WELLNESS IS A WAY OF LIFE!

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Henry County School Nutrition Secondary Menu Page 1
**Monday, August 26**
Chicken & Waffles, Yogurt Parfaits,
Popcorn Chicken w/ Cornbread,
Mini Slider Pups on Bun, Scalloped Potatoes,
Baked Beans, Pineapple Tidbits

**Tuesday, August 27**
Mini Pancake Wraps, Little Smokies w/ Mac & Cheese & Cornbread,
Corn Dog, Garden Salad w/Gruned Chicken, & Cranberries,
Steamed Cabbage, Glazed Carrots, Mixed Fruit

**Wednesday, August 28**
Mini Pancakes w/ Syrup, Yogurt Parfaits,
Cheeseburger, Fiestada Pizza, Garden Salad w/Grilled Chicken, Potato Tots,
GA Grown Peaches

**Thursday, August 29**
Mini Donut Holes, Chili, Chicken Nuggets,
Garden Salad w/Turkey & Cheese, Sweet Potato Fries,
Carrot Sticks w/ Ranch, Sliced Pears

**Friday, August 30**
Chicken Biscuit,
Pizza,
Chicken Sandwich Deluxe, Chicken Strips w/ Roll,
Whole Kernel Corn, Broccoli & Carrots,
Orange Wedges

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**Monday, August 12**
Sausage Biscuit, Yogurt Parfaits,
Chicken Nuggets w/ Roll, Mashed Potatoes,
Pinto Beans, Pineapple Tidbits

**Tuesday, August 13**
Breakfast Pizza, Beefy Nachos, Corn Dog,
Garden Salad w/Turkey & Cheese, Carrot Sticks w/ Ranch,
Black Beans, Lettuce, Tomatoes, & Salsa, Sliced Pears

**Wednesday, August 14**
Mini Maple Pancakes, Yogurt Parfaits, Teriyaki Chicken & Rice,
Crispitos w/ Salsq, Garden Salad w/Grilled Chicken, & Cranberries,
Steamed Broccoli, Glazed Carrots, Mixed Fruit

**Thursday, August 15**
Mini Pancake Wraps, Chicken Noodle Soup w/ Toasted Cheese Sandwich, Hot Dog,
Garden Salad w/Turkey & Cheese, Sweet Potato Fries,
Cole Slaw, Frozen Juice Cup

**Friday, August 16**
Chicken Biscuit, Pizza,
Chicken Sandwich Deluxe, Chicken Strips w/ Roll,
Whole Kernel Corn, Broccoli & Carrots,
Orange Wedges

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**Monday, August 19**
Mini Blueberry Pancakes, Yogurt Parfaits,
Steak Nuggets w/ Gravy & Roll,
Teriyaki Chicken Nuggets w/ Roll, Mashed Potatoes,
Black Eye Peas, Banana

**Tuesday, August 20**
Strawberry Smoothies, Blueberry Breakfast Stick,
#BetterTogether Burger, MaxSnax Tacos w/ Salsa,
Garden Salad w/Turkey & Cheese,
Steamed Broccoli, Seasoned Fries, Sliced Peaches

**Wednesday, August 21**
Pancakes & Sausage, Yogurt Parfaits,
Chicken Tetrazzini w/ Garlic Toast, Crispitos w/ Salsa,
Garden Salad w/Grilled Chicken & Cranberries,
Carrot Sticks w/ Ranch, Green Peas, Sliced Pears

**Thursday, August 22**
Breakfast Pizza, Taco Soup w/ Tortilla Chips, Hot Dog, Garden Salad w/
Turkey & Cheese, Sweet Potato Fries, Cole Slaw,
Frozen Juice Cup

**Friday, August 23**
Chicken Biscuit, Pizza,
Chicken Sandwich Deluxe, Chicken Strips w/ Roll,
Whole Kernel Corn, Broccoli & Carrots, Orange Wedges

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**Local Harvest of the Month**

**Peaches**

Juicy summer peaches are sweet enough to eat for dessert, but they’re low in calories and fat. Plus peaches are high in vitamin C, fiber, vitamin A, niacin, potassium, and “phytochemicals,” which promote healthy skin.

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**Featured Specials of the Day**

**Monday, August 4**
Don’t 4 GET! Take at least ONE FRUIT or VEGETABLE and at least THREE items total so your meal counts as a complete lunch!

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**Featured Specials of the Day**

**Monday, August 19**
Don’t 4 GET! Take at least ONE FRUIT or VEGETABLE and at least THREE items total so your meal counts as a complete lunch!

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**Go to mySchoolBucks.com**

**Parents can...**
Deposit funds in their student’s account any time!
View cafeteria purchases!
Schedule recurring payments!
Track meal account balances!
Set up low-balance e-mail reminders!