



Syllabus

Woodland Middle School Physical Education & Health Course

Teacher: Coach Braddy | **Email:** William.Braddy@henry.k12.ga.us | **Phone:** (770) 389-2774
Virtual Office/Email Hours: 8:15 - 4:15 | **Course Date:** August 14, 2020 - October 9, 2020
Google Meet Link: TBD | **Teacher Website:** <https://schoolwires.henry.k12.ga.us/Domain/159>

Physical Education & Health Course Description (Remote):

The Physical Education & Health curriculum will concentrate on all areas of skill development, lead up games, team sports, physical fitness and health. The students will receive instruction in rules, skills, and strategies associated with the different sports as well as learning experiences involving physical activities. The program supports the spirit of cooperation and leadership.

Discipline Policy: The school-wide discipline plan is aligned to the Henry County School System 'Code of Conduct. We believe in providing a safe, nurturing and physically comfortable learning environment for all.

- **1st Offense:** Teacher/student conference; contact parent(s)
- **2nd Offense:** Teacher/student conference; contact parent(s)
- **3rd Offense:** Teacher/student conference with administrator(s); contact parent(s)
- **4th Offense:** Office referral; consequence aligned to the Student Code of Conduct

Participation:

Daily participation is vital to success in Physical Education & Health. This includes being present, appropriately dressed, and actively participating in discussions. Students who need to be excused from participation due to an illness or injury must have a note signed by a parent or guardian (accepted for 1 day) or a doctor's note if need to be excused for 2 days or longer.

Expectations:

- In regards to virtual learning, be on time, prepared and dressed appropriately for class
- Be disciplined and respectful to other students and staff
- Have a positive attitude and exemplify sportsmanship
- No cellphones, headphones, gum and food allowed during remote learning hours

Why am I taking this course?

This course will teach you about how Physical Education balances the physical, intellectual, emotional and social development of all students, while providing the knowledge and skills necessary to promote and maintain lifelong wellness. The Health portion of the course will help our students acquire and maintain healthy behaviors for a lifetime.

What am I going to learn?

By the end of this course, you should be able to:

- Prove mastery with the five fitness components
- Acquire vocabulary specific to Health and Physical Education
- Identify choices aligned to a healthy, nutritious and active lifestyle
- Establish and monitor fitness goals
- Demonstrate the ability to use decision making skills to enhance health

How is this teacher going to teach?

This course is conducted entirely online, which means that your contribution is important and valued. You will engage in conversations, group projects and reflections. You are expected to ask questions, critique assumptions, conduct research and justify your reasoning.

What does success look like in this class?

Passing this class will require you to complete weekly assignments (Health and/or Physical Education) and a reflection. You will need to get at least a 70 or above on all assessments. Major and recurring assignments are briefly described below:

- **Assignment:** Various learning activities
- **Weekly Quizzes:** You will take a weekly quiz on the materials learned.
- **Weekly Reflection:** A reflection over your learning from the week.
- **Discussion/Activity Post:** You are required to participate in five of the seven weekly discussion/activity links posted on Google Classroom.

1. Academic Grades

- a. The following grading format should be used by teachers in Henry County secondary schools.

Practice Work	Assessment Tasks	Semester Summative Assessment Tasks
Class work, homework, formative assessments, diagnostic assessments, written reflections May be graded for accuracy or completion	Such as constructed response assessments, selected response assessments, reflective assessments, summative unit assessments, culminating performance tasks, projects	Assesses the totality of standards for the course. In the case of a high school course with an End of Course (EOC) Test, the semester summative assessment will be the EOC at the completion of the full course.
Counts 40 % of the grade.	Counts 40% of the grade.	Counts 20% of the grade.

- b. Students should receive at least one academic grade in each subject each week. Grades should be entered into the gradebook weekly.

- **Health/Physical Education Project:** For this project you will look online for health/fitness material(s) to create a five minute fitness routine video or PowerPoint presentation, using what you have learned throughout the course.

Grade Weights:

Teachers will use the Henry County Teaching and Learning Standards (HTLS) as the foundation for teaching and learning. You can located the HTLS on the Henry County Schools Website: <https://schoolwires.henry.k12.ga.us/Page/119112>.

HCSS Excused Absence/Make-up Work Policy:

When students are absent, it is the responsibility of the student-*not the teacher*-to get missed assignments and to make up (and turn in) all missed notes, tests, assignments and/or homework. Students are expected to make up missed tests/turn in projects on the first day following any absence. Students have a number of days equal to the number of missed days to make up all other assignments.

I have read and understand the policies and expectations for this class.

Student's Signature/Date

Parent's Signature/Date